

Health Promotion and Wellbeing



These are some of the ways we are promoting health and wellbeing in our school...

- ✓ Developing a Healthy Eating Policy – Whole School
- ✓ Green Schools - Walking Groups on Wednesdays- First Class
- ✓ Core and Monthly Values – Whole school
- ✓ Incentives and Rewards for a peaceful secure school – Whole school
- ✓ Mighty Mouth Programme – Senior Infants
- ✓ Stay Safe Programme – Senior Infants
- ✓ Yard Development – Play and Playful learning – Whole School



Mid Term Break

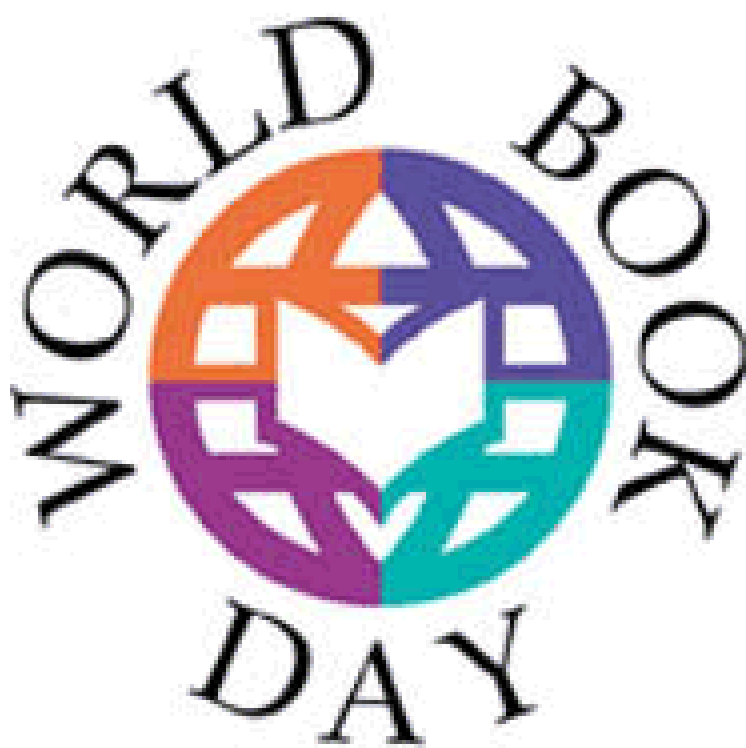
**The school is closed on
Thursday 15th and Friday 16th
February**

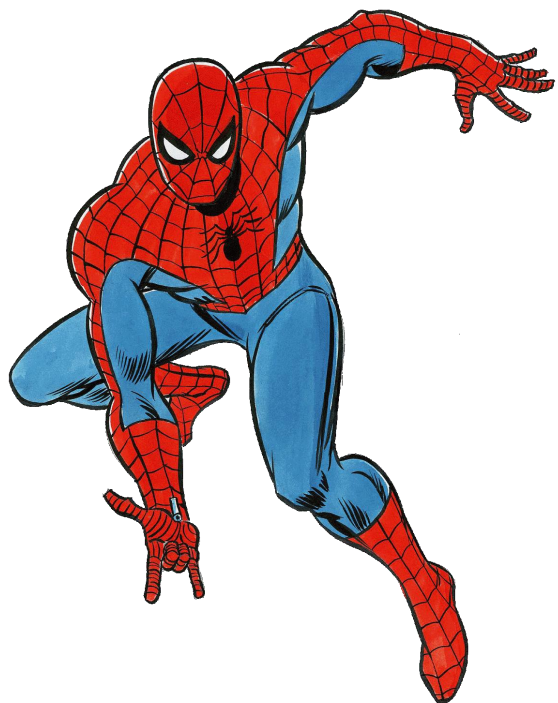
**We hope the children enjoy a rest
from all their hard work**



World Book Day
Thursday 1st March

**All children will visit
Easons Book Store
and receive a free
book.**





Dress up as your favourite
book character on
Friday 2nd March

Seachtain na Gaeilge

Lá Glas

16ú Márta



Green Day

16th March

The children can wear Green
clothes on this day.